e - by your side

Partnership and Joint Working Item 3 – Chapter 12 Wednesday 17th April 2024

Introduction

- ➢A number of Joint Working Groups established to deal with day-to-day is
- ≻Health and Safety
- ➢Diversity and Equality
- ≻ASMP
- ≻Uniform and Workwear
- ➤Accommodation
- ➤Training and Development

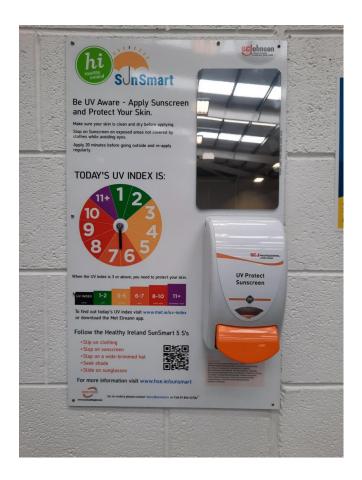








Skin Cancer Awareness



Since 2021 - Provision of personal issue Sunscreen 150ml SPF 30 & 50 UVA & UVB x 7000

Pilot - Wide brimmed Sun Hats 2022/23





The scale of the problem

Skin cancer is the most common form of cancer in Ireland with 13,000 cases diagnosed annuall

The number of people being diagnosed with skin cancer in Ireland is rising rapidly We sometimes think Irish sun isn't real sun, but skin cancer is actually the most common cancer here in Ireland.







Skin Cancer Prevention for Outdoor Workers



- Outdoor workers are identified as a high-risk group for the development of skin cancer as they spend long periods outdoor
- Recent Central Statistics Office (CSO) figures suggests almost 1 in 4 skin cancer deaths in Ireland are from the construction, outdoor and farming industry
- Most skin cancers could be prevented by protecting skin from ultraviolet radiation (UV). UV is a part of sunlight. It can damage the skin and increase risk of skin cancer
- Outdoor workers can be exposed to between 2-3 times more UV radiation than indoor workers



What can outdoor worker do to protect their skin from the sun?



Slip on clothing that covers your skin such as, long sleeves, collared shirts.



Slop on sunscreen: Use sunscreen SPF 30 or higher 20 minutes before going outside and re-apply every 2 hours - more often if sweating.



Slap on a wide brimmed hat, hard hat with a brim and use a neck flap.

Slide on sunglasses. Use UV protective eyewear.



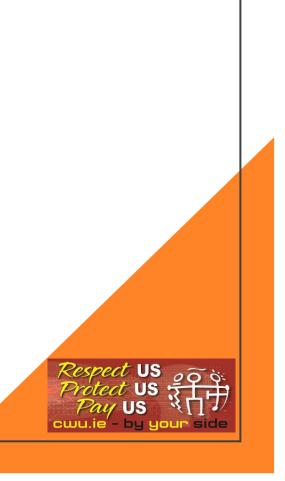
Seek Shade – especially if outdoors between 11am to 3pm when UV rays are at their strongest. Plan your work outdoors early in the morning or late afternoon to avoid the peak UV sunrays. Use trees or portable shade for break times and lunch.

Next Steps

♦UV Policy in place

Piloting Sun Glasses

Sun Hats -Pilot An Post Branded issue



Accident Rates 2023

- Accident frequency rate = LTA's / 100,000 Hours worked
- Accident frequency rate (IR1) = IR1's / 100,000 Hours worked
- Accident severity rate = Days lost / 100,000 Hours worked

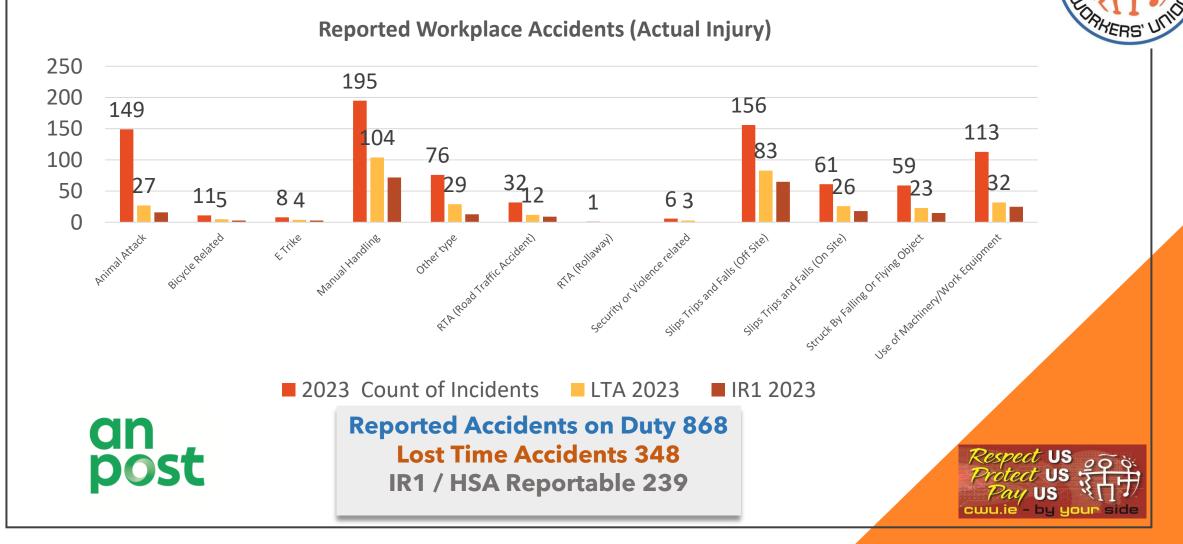
2018 2019 2020 2021 2022 Accident 2.0 1.97 2.7 1.78 1.46 Frequency Rate (LTA) LTA = Lost Time Accidents Accident 1.96 1.25 1.5 1.43 IR1 = HSA reportable accidents 1.06 Frequency (>3 Days) Rate (IR1) Accident 25.56 75 37.15 61 28.48 **Severity** Rate **Fatalities** 0 $\mathbf{0}$ 0 0 0 0

An Post - Top 3 Hazards- based on potential risk & Incidents of High Concern

Slips Trips & Falls	Manual Handling Activities	Fleet Vehicle Related
 Offsite - Foot paths, Potholes, Kerbs, stairs, access/egress- public realm Less Controllable Onsite - Hindered walkways, Strapping & Wrapping, Stairs, poor housekeeping, 	 Mails to parcels transition Older/Aging work force Manual processes - Parcel volumes. Loading / unloading Vans Processing activities Delivery activities 	 Vehicle Rollaway RTA's Drive Off (HGV - Loading Bays) Damage & Repair Pedestrians & Vulnerable road users Speed Driver behaviour
situational awareness Totally Controllable		

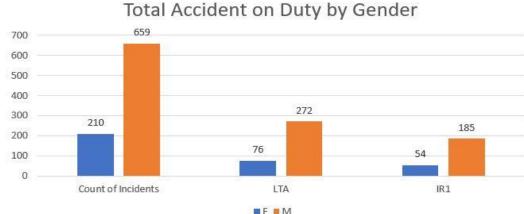
Total Reported Accidents on Duty Counts 2023

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Total Reported Accidents on Duty 2023



м	F	Total	
6378 (81%)	1466 (19%)	7844	
367 (40%)	558 (60%)	925	
206 (48%)	221 (52%)	427	
6951 (75.5%)	2245 (24.5%)	9196	
	6378 (81%) 367 (40%) 206 (48%)	6378 (81%) 1466 (19%) 367 (40%) 558 (60%) 206 (48%) 221 (52%)	6378 (81%) 1466 (19%) 7844 367 (40%) 558 (60%) 925 206 (48%) 221 (52%) 427

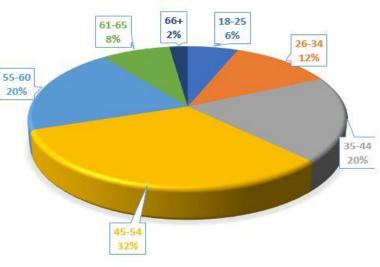
NOTE - The numbers for age and gender may not match the total counts as:

- 1. Some reports include 3rd parties
- 2. Some reports contain 2 people

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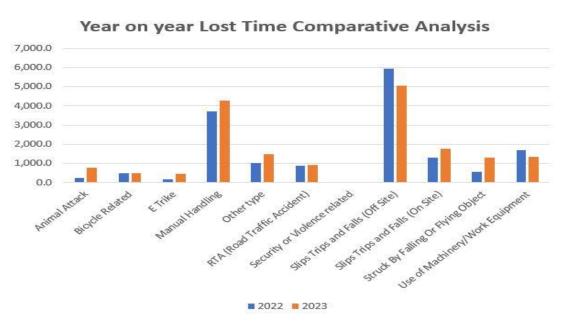
AOD BY AGE BRACKET



AOD Year on Year Lost Time Comparative Analysis



	Absence Duration Days		
	Accident (Act	ual Injury)	
Detail	2022	2023	
Animal Attack	240.0	788.50	
Bicycle Related	491.5	492.00	
E Trike	173.5	467.50	
Manual Handling	3,695.5	4,277.00	
Other type	1,013.5	1,473.00	
RTA (Road Traffic Accident)	888.0	930.50	
Security or Violence related	41.0	17.50	
Slips Trips and Falls (Off Site)	5,927.5	5,054.50	
Slips Trips and Falls (On Site)	1,320.0	1,772.00	
Struck By Falling Or Flying Object	559.0	1,313.50	
Use of Machinery/Work Equipment	1,677.0	1,345.00	
Grand Total	16,025.5	17,931.00	

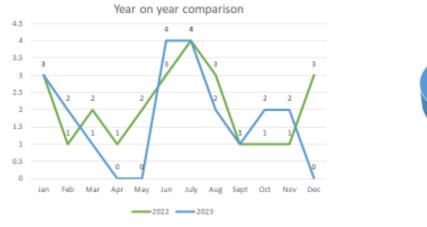


an post A total of 17,931 days were lost in 2023 due to 'accidents on duty'

8,937 of these days were due to AOD's that occurred prior to 2022 ~ 50% of all days lost

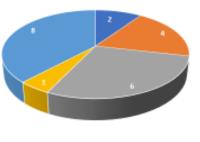


Vehicle Rollaway Incidents



2022 Total Rollaways 25 2023 Total Rollaways 21

an post



2023 Region Comparison

NE Dublin = SE SW NW

Region by month







JCC Issues

- E- Trike STP Update
- Roll away info campaign initiative
- Replacement fleet incl. Short term Van hire
- AED procurement further 20 units added
- New Safety Rep Forum/Conference Held Q3 '23
- Remote DSE assessments (EXO + Hybrid)
- Replacement PPE
- EXO issues HVAC & Environmental



CONTRUCTICATION

Future and Emerging Risks

- Aging/Older Workforce in a Manual Work Environment
- Management of Musculoskeletal & Work-Related Injuries
 - OSH Capacity & processes to aid Return to Work
- Fleet Safety Driver behaviour Larger Vans
- Emerging Risks
 - Psychosocial & Wellbeing issues
 - Impacts of New Technology / ICT
 - Hybrid/Remote Working
 - Sustainability & Human Capital





Diversity and Equality



Work completed

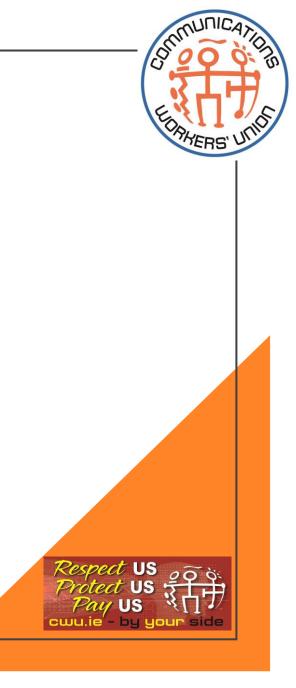
- Menopause Policy
- Disability Inclusion Policy
- Reasonable Accommodation Policy
- Domestic Violence





Ongoing

- Gender Pay Gap report
- Term Time Review
- Sabbatical Leave
- Part time Working



Attendance Support and Management Process

Status

- High level of sick leave
 - Year to date 9.04% up 0.97% on the same period last year
 - 434 LTSA Cases
 - Person, Company, Colleagues and Union
- Need to address but our concerns also need to be addressed
 - ASMP Group needs to be reactivated
 - Occupational Health Service delays must be addressed
 - Long Term Sick Leave
 - Critical Illness
 - Ill Health Retirements
 - Fitness Assessments



Critical Illness Protocol

- There are examples when extended sick pay arrangements may apply primarily associated with critical illnesses
- Examples of critical illnesses include:
 - Acute life-threatening illness;
 - Chronic progressive illness, with well-established potential to reduce life expectancy;
 - Major physical trauma ordinarily requiring corrective acute operative surgical treatment;
 - In-patient hospital care of 2 consecutive weeks or greater (2 consecutive days in instances of pregnancy).
- In such cases referrals are made by the Local HR Manager to Occupation Health and are based on either the
 - employee completing an application for CIP (Application form to be obtained from HR Manager)
 - HR Manager forming a view that CIP likely to apply





Branch Secretary Role

- Be aware of the sick pay limits and how they operate
- Where someone is on long term sick leave keep in regular contact with them
- If the illness is critical ensure they apply for Critical Illness Payment and follow up with the Company if necessary
- Assist them with any appeal on foot of a rejection of CIP
- Be aware of the Social Benefit Scheme and how they might claim if they are on reduced pay
- Encourage all members to join Medisan





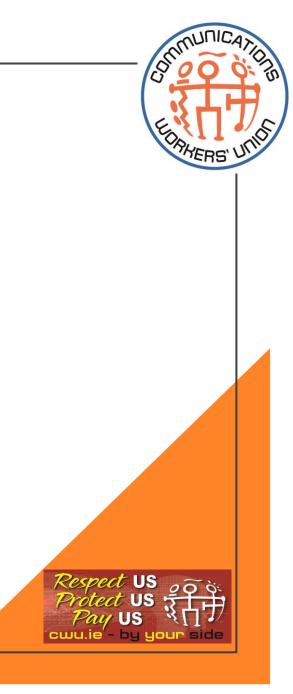
Uniform and Workwear



Update

• HGV Trousers

- Distribution of 2024 Uniform
 - 13th May for 4 weeks
- Retail
 - Fleece





Thank You

